



Newsletter for Associated Pediatricians “Take a N.A.P”

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CURRENT EVENTS: COURT RULES NO LINK BETWEEN THIMEROSAL AND AUTISM

Many parents have concerns about the safety of immunizations. Indeed, there is much in the news regarding a number of claims.

Early this year, a federal court concluded that there is insufficient evidence to link autism with a mercury-containing preservative used in many vaccines called thimerosal. This is consistent with a number of scientific studies that have also failed to find a link.

Plain mercury is a known toxin. The organic mercury in thimerosal has been studied extensively and found to be easily removed from the body. Despite the lack of evidence for harm, almost all childhood vaccines have had thimerosal removed since 2005.

Our group strongly encourages vaccination for children. We believe the risk of disease from not vaccinating is much greater than the minimal risk of receiving vaccines. If you have specific concerns or questions, we are happy to provide reliable scientific literature and to discuss these topics during routine health maintenance.



Take a N.A.P. – part 2

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The Well Child: Discipline

Here are three basic principles for controlling behavior.

1. Consistency

Being inconsistent has been shown to actually encourage misbehavior. Think of it as the child trying to see if the punishment will really come.

2. Specificity

Toddlers are not mentally developed enough to truly understand “be good” or “be nice.” Directions should be very specific.

3. Reinforcement

Good behavior gets rewarded and the child should be happy. Bad behavior gets punishment and the child should feel unhappy.

Good luck !

Office Policy: Throat Cultures

In the past , we have been able to provide both a “rapid” strep test and a “back up” culture. Due to new regulations, we are unable to continue cultures. We can still do rapid tests in the office and these are approximately 95% accurate.

Also because of this, we have changed our “throat culture only” office visits. You must have a physical within 2 years and the nurse will screen all requests prior to being given a time.

Doctor Trivia

Which doctor is responsible for almost all the decorations?

Answer to last issue = Dr. Campbell knows the oboe.

Internet Reminder

www.
associatedpediatricians.
com

Check out our new and improved website! Links. Downloads. Forms. All the old newsletters. Pictures.

Summer Physicals

By popular demand, we will be having evening physicals starting in late June. Scheduling will begin in late April.