



Newsletter for Associated Pediatricians “Take a N.A.P”

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Date Summer 2009

www.associatedpediatricians.com

After a brief hiatus, the Associated Pediatricians website is alive again ! Actually, it is new and improved:

Newer pictures of the doctors !

Maps !

Links to useful websites !

Newsletters !

Let us know what you think !

NEWS OF THE MONTH: SWINE FLU

It looks like the wave of concern about the “swine flu (H1N1 influenza)” has begun to settle down. Thank you for your patience and understanding during this busy time. It seems as if some of the initial worries were perhaps a little too extreme. The CDC is decreasing its surveillance, but the WHO is looking into developing a vaccine (which would take at least 6 months to implement). For the latest information, check out www.cdc.gov.



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Summer Safety: Trampolines

Trampolines are a popular amusement for children in the summer.

Unfortunately, there are approximately 3000 trampoline accidents per month in the U.S. If you choose to allow your child on a trampoline, we would recommend the following:

- 1) Adult supervision at all times.
- 2) Jumping with multiple children simultaneously should be discouraged.
- 3) Twists and flips should be discouraged.

Having a net around the trampoline is not a guarantee that no one will be injured. A significant number of injuries actually occur during the jumping

and not landing on the grass.

Office Policies: Office Policies

Many patients may not be aware that all the doctors meet together once a month to discuss the office. We meet as a group and decide what is best for the patients and staff with respect to policy. If something is of an urgent nature, then we communicate with each other immediately. We also discuss medical scenarios and share information about patients that may require more than one of us to attend to.

Doctor Trivia

Which of the doctors goes to New Orleans every year for Jazz Fest?

Last Newsletter's Answer = Dr. Brogan

Q & A

What are the rules about milk?

We recommend that cow's milk not be introduced until 1 year of age. We also recommend that the total daily intake be less than 24 ounces a day. Whole milk or 2% is recommended until age 2 and then a lower fat content would be OK.